Things *I've Never* Told Anyone

VERY IMPORTANT NOTES

We all have little stories we've never shared.

Some funny. Some embarrassing. Some that still make us smile.
And a few we've never quite found the words to say.

So why write them down? Well, sometimes it's just fun to look back at the silly things we've done. Other times, it's nice to get something off your chest, or remember a moment that meant more to you than anyone ever knew.

And the funny thing is, once you start writing, you might remember things you haven't thought about for years.

You'll find little thoughts tucked into the margins of these pages. They're just ideas to get you started, nothing you have to answer.

Use them, ignore them or write about something completely different.

There's something rather nice about keeping all those little bits of life that might otherwise be forgotten. And once you've written them down, you might decide some are just for you, while others are stories you'd quite like to share one day.

Or perhaps you'll keep every word to yourself.

THIS BOOK BELONGS TO

NAME:

DATE STARTED:

SIGNATURE:

HOW TO USE YOUR NOTEBOOK

This is your space

What you write here is private unless you choose to share it.
There's no right way to use this notebook, take what feels useful,
skip what doesn't, and come back whenever you need.

Download and save your copy

Download your notebook and save it somewhere you'll easily find again. You might like to keep one blank copy and a second copy for writing in.

Write directly into it

Click or tap into the spaces and start typing. Write a little or a lot. Skip questions, return to them later, or leave them unanswered,
it's completely up to you.

Save as you go

Remember to save your PDF regularly so you don't lose anything you've written.

Mac: Command + S
Windows: Ctrl + S

Come back anytime

This notebook doesn't need to be completed in one sitting. Reopen your saved copy whenever you want to keep writing, revisit an answer, or notice what's changed.

One important note

When saving your working copy, avoid using "Print to PDF." This can flatten the file and make your notebook no longer editable.

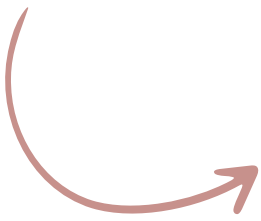
Is There Something You've Never Told Anyone?

I've never admitted this, but...

This made me so happy. Thank you, stranger...

I still laugh when I remember...

I can't believe I did this...



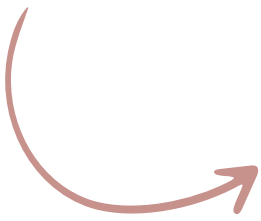
Is There Something You've Never Told Anyone?

Nobody ever found out...

I was ridiculously pleased with myself when...

I still cringe when I think about...

I told a little white lie and...



Is There Something You've Never Told Anyone?

I overheard something I wasn't meant to...

Someone once aid something lovely to me...

I got away with this...

I wish I'd told you...

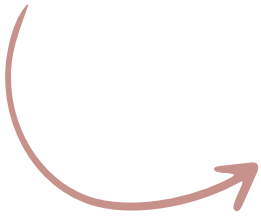
Is There Something You've Never Told Anyone?

I never told anyone how proud I was...

I overheard something I wasn't meant to...

I really houldn't have laughed, but...

A little moment I've never forgotten...



Is There Something You've Never Told Anyone?

I was secretly delighted when...

I pretended to know what I was doing...

I've always wondered what happened to...

I wish I'd said yes..

Is There Something You've Never Told Anyone?

I still haven't owned up to...

Something I did that was completely out of character...

It was only a few words, but...

I wish I'd said no..

Is There Something You've Never Told Anyone?

I still haven't owned up to...

I was much braver than anyone realised...

A compliment ive never orgotten...

I secretly hoped nobody would notice...

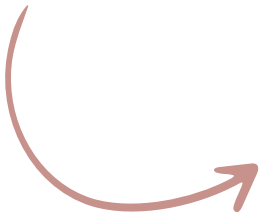
Is There Something You've Never Told Anyone?

Something I wish I could do again...

I still smile when I think about...

I was so embarrassed when...

I never told you the real reason...



Is There Something You've Never Told Anyone?

I have a rather ridiculous habit...

Someone made my day without even knowing it...

I wish I could apologise for...

I felt ten feet tall when...

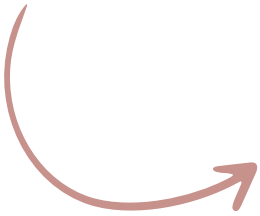
Is There Something You've Never Told Anyone?

I never expected that to mean so much...

I sometimes wonder if you remember...

I wasn't quite as innocent as everyone thought...

Something I did just for myself...



Is There Something You've Never Told Anyone?

I was secretly rather relieved when...

One of the kindest things anyone ever did for me...

I have no idea why I've remembered this...

If only you knew...

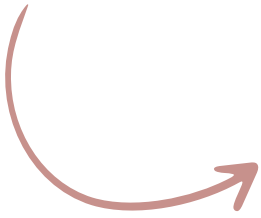
Is There Something You've Never Told Anyone?

I was happier than anyone realised...

I never told anyone how much that hurt...

I never realised how much it mattered until...

There's a story behind this that nobody knows...



The things you never told anyone...

Some things are just for you. Your little secrets, guilty pleasures, funny memories or simply things you don't want to forget.

Keep them to yourself, or perhaps one day you'll feel like sharing.

And if a memory brings someone to mind, why not send them a "Do you remember..." card?

SEND A CARD

Sometimes the smallest memories make the loveliest messages.

For a one-off message, anytime,
we can help you create an individual
Very Important Note.

CREATE A NOTE

